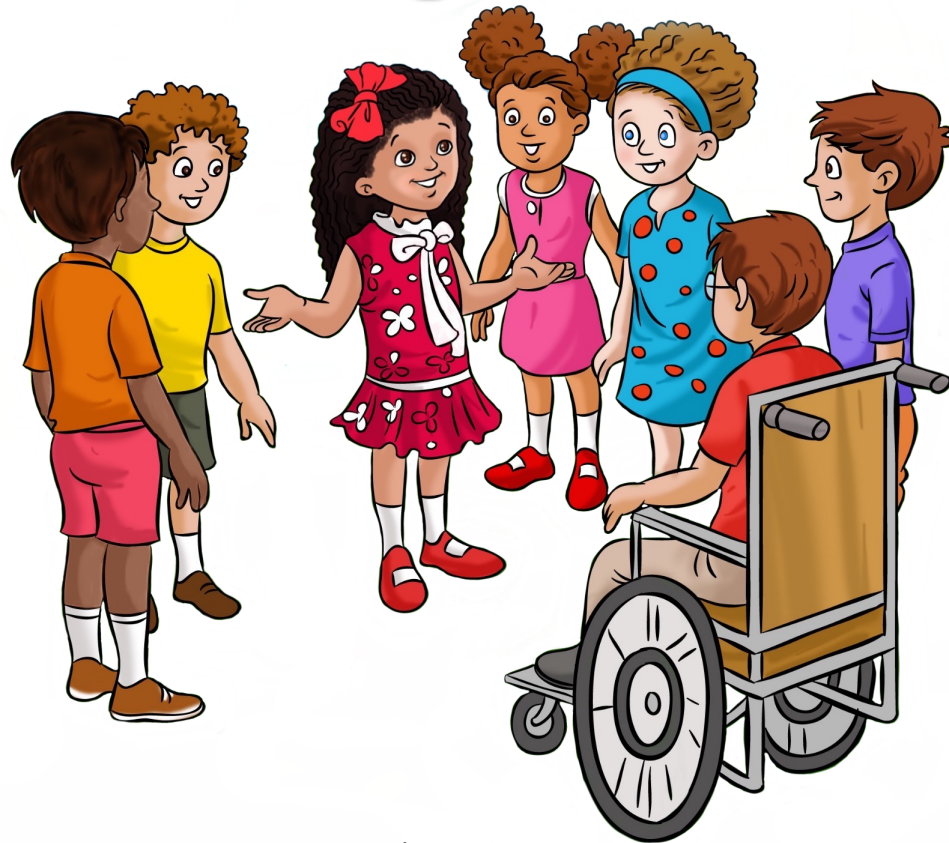


# Let's Do Something Together



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**The sun is shining bright.**

It's a beautiful day outside.

It's a perfect time to visit the park

*to run, swing, and slide.*

Mama says, "Let's take our lunch.

We can eat after you play."

**So we pack a bag and grab my toys  
and head out on our way.**



We get to the park and look around,  
so many faces seem new.

There are lots of kids I haven't seen before,  
and I'm not sure what to do.



I usually play all by myself  
or with **friends that look like me.**  
Mama sees my curious face and says,  
"Look and tell me what you see."





"There's a girl with bright  
**blue** eyes and a red-headed  
boy on the slide."



"I see a kid in a wheelchair  
playing ball  
with another guy."

"I see a girl and a boy  
**laughing** with one another. I  
see them both moving their hands,  
and I wonder if that's her brother."





"A little girl sits all alone on one side of the teeter-totter. She doesn't seem to **have a friend,** but I know she's someone's daughter."



Mama bends down to explain to me,  
she knows I can be smart. She says,

**"It's not what you see on the outside,  
it's what lives  
in each person's heart."**





She starts with a girl jumping rope who comes to the park a lot. She seems **nervous** to meet new friends, so she just jumps in the same spot.

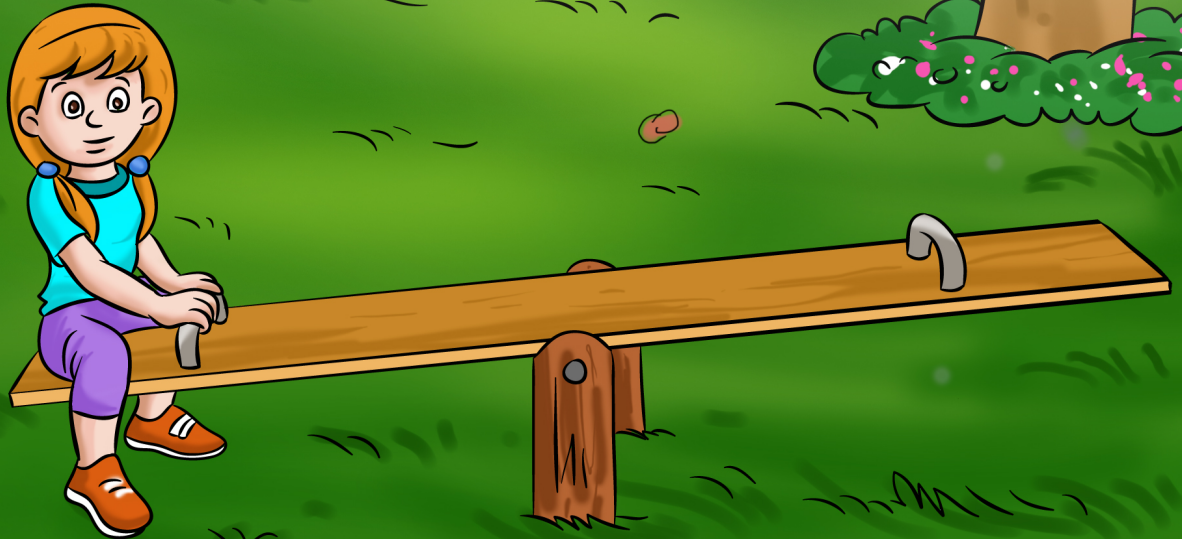
She says, "The boy in the chair can't run,  
so he moves around with wheels."  
Since I can move so freely,  
I don't know how that **feels**.



**I am curious,** and wonder why  
the kids watch lips and move their hands.  
Mama says, "They can't hear, so they sign words to understand."



The little girl at the teeter-totter  
who seems to be all **alone**.  
She hasn't met any friends as she  
just moved into a new home.





Mama asks,  
"Do you know, what you  
want to do?" I said, "I've never seen so many different kids.  
This all **feels strange and new.**"



So, I got the group together  
and gave them all my name.



I said,

**"I normally play all by myself,"**

and they said they do the same.

I said, "Sometimes I get **nervous**  
to meet friends that are new,  
but can we **do something together?**  
I'm just not sure what to do."



Then a girl shared a thought  
that others seem to know,  
that doing an **act of kindness**,  
might be the way to go.





She said,

"An **act of kindness** can make a  
difference to anyone we meet,

even when it's something like

*helping someone cross the street."*

We look around the park  
and up and down the way,  
to see what **act of kindness**  
we'd like to do today.


We decide to stay in the park  
and help pick up litter  
off the ground.

We make it **fun** by *shooting baskets*  
in the trash cans all around.









We talk, joke, and laugh out loud  
while cleaning the park in the sun.

It's nice to make new friends,

*do something together,*

and have fun!

Now I know not to be scared  
of those that aren't  
like me.

Instead I learn to look  
inside and enjoy  
diversity.



Mama says "I'm proud of you. You found one thing we share, and that to do an **act of kindness** shows others that we care."



**"Let's Do Something Together,"**

are now my favorite  
words to say.



**It's been fun to learn from others  
and make new friends every day!**

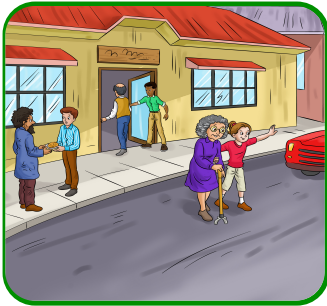


# Glossary



## Diversity - a range of differences

Different people have different thoughts and ideas. By being friends with everyone, you have a better chance to learn something new. The more you know, the less you fear.



## Act of Kindness - doing something helpful

Being kind is a choice you can make every day. You can hold the door open for someone, pick up something someone dropped, or help someone cross the street. Kindness makes you feel good and makes others smile.



## Together - with another person

Having friends is important. If you see someone lonely, talk to them, sit with them at lunch, or play with them at recess. You can choose to make someone else happy just by being their friend.



## Play Outside - enjoy an activity

Playing outside is fun and healthy. Grab some friends at the park and play freeze tag, chase or capture the flag. Use your imagination and create something new!

## Teachers & Parents

Visit [mykindoffamily.com](http://mykindoffamily.com) for free downloadable activities on lessons about diversity and kindness.

To show an act of kindness  
to someone you don't know,  
helps you learn to have compassion  
for others as you grow!



### Random Acts of Kindness YOU Can Do:

Hold the door open for someone.

Write a thank you note to a parent or teacher.

Feed the birds or plant something.

Tell a joke to make someone laugh.

Donate the toys you no longer play with.

Say a compliment to the next person you see.

Give the garbage man a bottle of water.

Learn a new friend's name and use it.

Clean your room without being asked.

Give a fist bump, high-five or smile to others.